



TOFTEN MANOR
The Labyrinth



TOFTE MANOR

The labyrinth of Sacred Union



The Tofte Labyrinth faithfully copies the design of the labyrinth in Chartres Cathedral in France and is mathematically and proportionally accurate. The design of the Chartres labyrinth has been dated around 1200, during the time of the Crusades. It was used during this period as a prayer tool for those that could not afford to make the journey of pilgrimage to the Holy Land. As time has passed it has come to symbolise our personal journey into the Divine within ourselves and may

be used as a metaphor for inner work on many different levels.

The labyrinth here at Tofte holds unique qualities, it incorporates all the elements in its design. Earth, Air, Fire and Water. Earth and Air lovingly surround and support us. When there is no naked flame, Fire is represented by the stainless steel mirrored tetrahedrons that surround the site. Water runs in six hundred metres of copper piping below the earth, creating a replica of the labyrinth pattern underground, and can be drunk from the tap at its entrance. A large celestial smoky quartz crystal is buried in the centre of the labyrinth.

The labyrinth has been placed on the Earth in alignment with its magnetic energies on a north-south axis. You enter from the south with north ahead of you, east to your right and west to your left. In the Native American tradition these directions also represent the elements. The north representing Air, the south Fire, the east Water and the west Earth.

Samples of water entering and leaving the Tofte Labyrinth were sent to the Hado Life Laboratory of Professor Masaru Emoto in Lichtenstein for photographing. Professor Emoto has researched and written many books on water and its energy. He has discovered that good healthy energised water when frozen will always create a star shape based on the hexagram, a snowflake. Through photographing the frozen molecules of water he has been able to examine the shapes that water makes when it is placed in different environments. He has found that polluted, 'dead' or un-energised water forms a chaotic shape with no geometric structure.

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Blending of Spirit with matter, love of the Earth Mother, a symbol of creation



The photographs (on the right) are of water before (left) and after (right) travelling through the Tofte labyrinth. They clearly illustrate what happens to water when taken through the pattern of the labyrinth – it goes from a chaotic form to a geometric pattern. It is the geometric pattern that creates the circuitry through which the subtle electromagnetic energies in our bodies flow. Our bodies are made of 70% water and our brains of 90% water. If the water within us does not hold a geometric structure it is difficult for energy to flow through us efficiently.

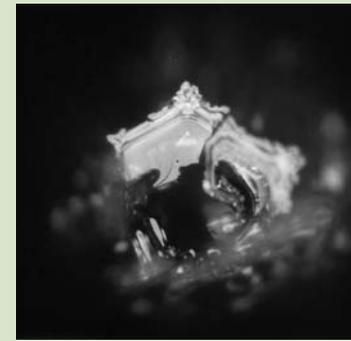
When walking the labyrinth we walk to the left and then to the right, thereby activating the right and left hemispheres of the brain. Once one has walked the labyrinth into the centre and out again one has done exactly the same amount of left and right hand turns, creating a balance in the hemispheres of the brain. In this way the labyrinth creates balance in our physical bodies and represents balance and harmony on many levels.

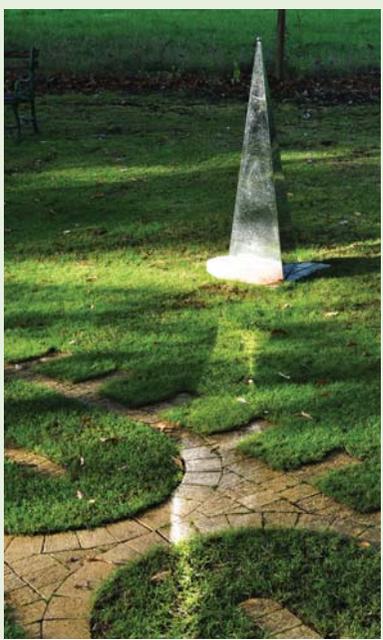
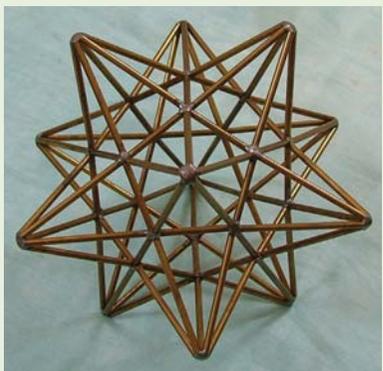
The labyrinth is surrounded by five steel tetrahedrons and five box cones. These are anchor points for the energetic geometric form that surrounds the labyrinth, which is a three dimensional twelve pointed star. The Tofte logo represents the two dimensional form of this star, it is made up of two pentagrams. These stars overlay each other, and represent the fusion and blending of polarities. In the logo this star is placed over the labyrinth which symbolises the union of 'man' with nature, in perfect balance.

During this union a third and powerful force is created – balance, the 'still point' which could be viewed as the energy of pure 'love' – the energy of creation.

By walking the labyrinth we connect to that energy within our hearts just as it is represented by the 'heart of the labyrinth'.

Open your hearts and enjoy.





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The Labyrinth Prayer

*As I walk this labyrinth
I ask that my heart
Be fully opened and reconnected
To the love of the earth mother
Beneath my feet
And that my spirit and soul be ignited
In awe to the light of the
Cosmic father above me*

*May these energies of love an light
Mingle and marry
In my heart,
My consciousness and my whole being
So that through me the cosmic father
And earth mother may reunite
In their blissful, creative dance
Of Sacred Union*

Tofte Manor, the grounds and labyrinth are available for hire. It is the perfect venue for weddings, blessings, special occasions, corporate events and retreats.

Contact: enquiries@toftemanor.co.uk

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Detailed directions and a map can be found at
www.toftemanor.co.uk

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